We present path integral Monte Carlo (PIMC) calculations of the superfluid fraction, \( \rho_{S}/\rho \), and the one-body density matrix (OBDM) (Bose-Einstein condensation (BEC)) of liquid \( ^4\)He confined in nanopores. Liquid \( ^4\)He in nanopores represents a dense Bose liquid at reduced dimension and in disorder. The goal is to determine the effective dimensions of the liquid in the pores. It is to test whether observed properties, such as a very low onset temperature for superflow, \( T_{c} \), can be predicted by a standard, static PIMC \( \rho_{S}/\rho \). We simulate a cylinder of liquid of diameter \( d_L \) surrounded by 5 Å of inert solid \(^4\)He in a nanopore of diameter \( d = d_L + 10 \) Å. We find a PIMC \( \rho_{S}(T)/\rho \) and OBDM that scales as a 1D fluid Luttinger Liquid at extremely small liquid pore diameters only, \( d_L = 6 \) Å. At this \( d_L \), the liquid fills the pore in a 1D line at the center of the pore and there is no PIMC superflow. In the range 8 \( \leq d_L \leq 22 \) Å the PIMC \( \rho_{S}(T)/\rho \) scales as a 2D liquid. In this range the liquid fills the pores in 2D like cylindrical layers. The cross over from no superflow at \( d = 16 \) Å to superflow at \( d \geq 18 \) Å agrees with experiment. There is a cross over to 3D scaling at larger \( d_L \) ≃ 22 Å. In the range 8 \( \leq d_L \leq 22 \) Å, the \( T_{c} \) predicted using the Kosterlitz-Thouless 2D scaling criterion of the OBDM agrees well with that obtained from \( \rho_{S}(T)/\rho \). These results suggest that the superflow observed in small pore media is standard static superflow with the low \( T_{c} \) arising from its 2D character. An operational onset temperature, \( T_{BEC} \), for BEC can be defined as the temperature at which there is a cross over from exponential to algebraic decay in the OBDM. This definition leads to a \( T_{BEC} \geq T_{c} \) as observed in larger pore media.

I. INTRODUCTION

Historically, superflow of liquid helium in porous media has been investigated as an integral part of superflow studies in bulk liquids \(^3\). In porous media, the critical temperature for the onset of superflow, \( T_{c} \), is suppressed below the bulk liquid value, \( T_{\Lambda} \), \( T_{\Lambda} = 2.17 \) K at saturated vapor pressure (SVP). Generally, the smaller the pore diameter of the media, the further \( T_{c} \) is suppressed below \( T_{\Lambda} \). Similarly, the observed \(^1\) superfluid critical exponent, \( v \), of \( \rho_{S}/\rho \) below \( T_{c} \) \( \rho_{S}(T)/\rho = [1 - T/T_{\Lambda}]^{v} \) generally differ somewhat from the bulk value \( (v = 0.67) \), except in Vycor where it is the same. Explanations of these different exponents have been proposed.\(^3\)

Recently, significantly smaller pore media have been investigated including measurements under pressure\(^4\)-\(^12\). In these small pore media, \( T_{c} \) is suppressed to very low values, particularly under pressure. In 28 Å pore diameter FSM-16, as shown in Fig. 1 (TOP), \( T_{c} \simeq 0.9 \) K at saturated vapor pressure (SVP) \( (p \simeq 0) \) and \( T_{c} \) drops to nearly 0 K under pressure\(^11\). In 25 Å mean pore diameter gelsil\(^7\), \( T_{c} \) extrapolates to zero at 3.4 MPa. These very low \( T_{c} \) values appear to lie beyond the concepts that apply to larger pore media. Rather, it has been suggested that in small pore media there may be no static, zero frequency superfluidity at all and what is observed in torsional oscillators is an apparent, frequency dependent response characteristic of a 1D system\(^6\)-\(^13\)-\(^16\). Other properties, such as a specific heat that is linear in \( T \) at low temperature\(^4\), suggest a fluid in pores with excitations that are "frozen out" perpendicular to the pore with phonons propagating in 1D along the pore only at low temperature. General arguments of why excitations in pores show 1D character and reviews of the 1D systems have been presented\(^17\)-\(^18\). It is not clear at what pore diameters these arguments apply to superflow of \(^4\)He in nanopores.

Bose-Einstein condensation (BEC) and phonon-roton (P-R) modes appear to be less modified by confinement than superfluidity\(^19\)-\(^24\). Liquid \(^4\)He supports well-defined P-R modes when there is BEC but not otherwise\(^19\),\(^25\). Measurements of P-R modes show that liquid \(^4\)He in larger pore media and most small pore media supports well-defined modes up to \( T_{\Lambda} \). That is, \( T_{BEC} = T_{\Lambda} \) in these media. For example, recent direct measurements of BEC and P-R modes in MCM-41 \( (d = 47 \) Å) show that both BEC and well-defined P-R exist up to \( T_{\Lambda} \) in MCM-41 (see Fig. 1 (Bottom)). In the smaller pore FSM-16 shown in Fig. 1 (TOP), the onset temperature of both BEC, \( T_{BEC} \), and of well-defined modes may be suppressed somewhat below \( T_{\Lambda} \), but only somewhat. However, \( T_{BEC} \) is significantly higher than \( T_{c} \) and there is a temperature range in porous media, \( T_{c} < T < T_{\Lambda} \), where there is BEC but no superflow.

Adsorption isotherms of \(^4\)He in porous media have been extensively measured\(^5\),\(^26\). These show that \(^4\)He is highly attracted to the media walls. The initial \(^4\)He entering the media is deposited on the walls. These initial layers are inert. Neutron scattering measurements indicate that the inert layers are chiefly amorphous solid helium\(^27\). In FSM-16, the inert layers are estimated to be an average of 5-6 Å thick\(^6\)-\(^12\). Following the inert layers, the \(^4\)He is deposited as liquid in the interior of the pore. In a wide variety of media a filling of \( n_0 = 26 \) μmol/m\(^2\) of wall surface is needed before the onset of superflow is observed\(^1\),\(^28\). This is interpreted as the filling required.
FIG. 1: (Color online) The phase diagram of $^4$He confined in FSM (pore diameter $d = 28$ Å) (Top) and in MCM-41 ($d = 45$ Å) (Bottom) (from Refs. $^{11,19}$). $T_O$ ($T_c$) is the critical temperature for superfluidity of liquid $^4$He in the pores. $T_{\lambda}$ is the corresponding temperature in the bulk liquid. $T_B$ ($T_{BEC}$) are the critical temperature for BEC in the pores. $T_{PR}$ (triangles and solid line) in MCM-41 is the temperature at which the intensity in the P-R mode in the pores goes to zero. Within precision $T_{PR} = T_{\lambda}$ for $P \leq 2.5$ MPa.

Our goal is to calculate $\rho_S/\rho$ and the OBDM of liquid $^4$He in the interior of nanopores. As shown in Fig. 2 and discussed above, the interior walls of a pore are coated with layers of inert $^4$He, chiefly in the form of amorphous solid $^4$He. The inert layers on the walls of FSM-16 are estimated to be $5$ Å thick. In the interior of the nanopore is a cylinder of liquid $^4$He at or close to bulk liquid density confined by the inert solid and the nanopore walls. To reduce the system size, we assume that the inert layers do contribute to superflow at all. We have simulated only the liquid in the interior of a pore, a cylinder of liquid confined to a radius, $R$, by the inert layers and pore walls. The nanopore diameter corresponding to $R$ is $d = 2R + 10$ Å. A confining potential arising from the inert layers and the pore medium is employed.

Specifically, we simulate liquid $^4$He confined in a nanopore described by the Hamiltonian,

$$\hat{H} = \frac{\hbar^2}{2m} \sum_{i=1}^{N} \Delta_i + \sum_{i<j}^{N} U(r_{ij}) + \sum_{i=1}^{N} V(\rho_i),$$

where $N$ is the number of $^4$He atoms of mass $m$, $\Delta$ is the gradient squared, $U(r)$ is the interaction between $^4$He atoms represented by the Aziz potential $^{29}$ and $V(\rho)$ is the confining potential at a distance $\rho$ from the center of the pore. A confining potential arising from a cylindrical

to complete the inert layers and that the inert layers do not contribute to observable superflow. In fully filled media, the P-R mode energies of the liquid are the same as those in bulk liquid $^4$He within precision. Since the mode energies are a sensitive function of the liquid density, this indicates that the density of the liquid in the pores is the same as the bulk density within precision. The picture is of 5-6 Å of “dead” layers on the walls, chiefly amorphous solid, with liquid in the center at or near bulk liquid density (at SVP). This picture is shown schematically in Fig. 2.

The porous media walls noted above are rough and irregular. This irregularity leads to a confining potential in the liquid that is disordered. Indeed $^4$He in porous media is an example of Bosons in disorder. For many properties it is not clear whether uniform confinement ignoring disorder is sufficient to reproduce observed behavior or whether the disordered nature of the confining potential must be explicitly incorporated.

In this context, we calculate the superfluid fraction, $\rho_S/\rho$, and the one-body density matrix (OBDM) of the liquid $^4$He confined in pores of varying radii using PIMC. The aim is to determine how $T_c$ and $\rho_S/\rho$ for superfluidity and $T_{BEC}$ and the OBDM for BEC vary with pore radius of the liquid in the pore. A zero frequency $\rho_S(T)$ and $T_c$ is calculated using PIMC. A key question is: how well can the observed $\rho_S(T)$ and $T_c$ be reproduced by a zero frequency, PIMC $\rho_S(T)$? Can a $T_c$ suppressed to very low temperature be obtained? Is a dynamical description needed and at what liquid radius? Is $T_{BEC}$ for BEC less modified than $T_c$ for $\rho_S/\rho$ by confinement? What is the effective dimension of the confined liquid as a function of pore diameter inferred from $\rho_S(T)$, the OBDM and direct calculations of the density, 3D, 2D or 1D? Can we find a physical reason for this dimensionality. A final goal is to provide some indication of the impact of disorder on $\rho_S(T)$ and the OBDM.
pore (hole) in an infinite medium was used\textsuperscript{30}. The potential form results from the integration of the Lennard-Jones pair potential between \(^4\)He and the pore wall atoms over the volume of the pore media. The media is assumed to be comprised of a set of concentric cylindrical surfaces of infinite length, and radius \(\rho_s\), as described in Ref.\textsuperscript{30}. If atoms are smeared continuously over the medium with number density \(n\), the potential is,

\begin{equation}
V(\rho) = 3\epsilon n\pi\sigma^6 \int_R^{R_i} \rho_s d\rho_s \int_0^{2\pi} d\phi_s \\
\left[ \frac{21\sigma^6}{32(\rho^2 + \rho_s^2 - 2\rho\rho_s\cos\phi_s)^{11/2}} - \frac{1}{(\rho^2 + \rho_s^2 - 2\rho\rho_s\cos\phi_s)^{5/2}} \right]. \quad (2)
\end{equation}

where the medium extends from \(R\), the radius of the liquid, to \(R_i\). The Eq. (2) is integrated numerically up to \(R_i = 3R\).

Our pore media consists of two layers of inert solid helium (5 Å thick) followed by standard nanopore media. The hard core parameter \(\sigma\) remains well determined since both \(^4\)He and the media atoms have a hard core. However, the attractive part will be different from the case of pure pore media throughout. We have chosen potential parameters in \(V(\rho)\) so that the helium in the interior of the pore, \(r < R\) remains liquid: \(\sigma = 2.2\;\text{Å}\), \(\epsilon = 3\;\text{K}\) and \(n = 0.078\;\text{Å}^{-3}\) where \(\epsilon\) is not well known. The resulting interaction has a steep hard core and shallow attractive minimum near the pore wall as shown in Fig. 3. The \(\rho_S(T)/\rho\) is determined almost entirely by the hard wall radius \(R\) relative to the hard core diameter of the \(^4\)He atom. It is quite insensitive to \(\epsilon\), as discussed in fully in section IV. The same form of confining potential, with parameters appropriate for the Si\(_3\) N\(_4\) has been used in Refs. 15,16,31.

The calculations were performed using the finite temperature worm algorithm path-integral Monte Carlo\textsuperscript{32,33}. We are indebted to Massimo Boninsegni who provided the code. The canonical version of the code with the fixed number of particles, \(N\), was used. The discretized imaginary time \(\delta\tau = 0.004\;\text{K}^{-1}\). We verified that the bias coming from the use of finite \(\delta\tau\) is below the statistical noise.

Fig. 4 shows the density profiles of the liquid \(^4\)He in the pores as a function of the liquid pore radius, \(R\). For a very small radius, \(R = 3\;\text{Å}\), the liquid is confined to the center of the pore with the maximum in density at the center of the pore. At larger \(R\), there are oscillations...
in the density as a function distance $r$ from the center of the pore. The maxima of density in these oscillations are generally displaced from the center of the pore, even at $R = 4 \text{ Å}$, showing that the liquid is deposited in cylindrical layers\textsuperscript{31,34–36}. The oscillations are created by the hard wall\textsuperscript{34} at $R$ which leads to oscillations familiar in the pair correlation function appearing in the density. As $R$ increases, the magnitude of the oscillations decrease. At $R = 11 \text{ Å}$, the magnitude is small, layering is less pronounced and the liquid is closer to a uniform bulk liquid.

In a bulk liquid, the density is $\rho = N/V$. In a finite size system, there are finite size effects. Specifically, because of the hard core of the helium potential, a helium atom cannot occupy the space immediately adjacent to a hard wall. The volume within approximately 1 Å is excluded (see density profiles in Fig. 4). To determine the liquid density in pores we have taken account of this excluded volume and reduced the volume available to the liquid to $V' = \pi (R')^2 L$ where $R' = R - 1$ Å. The density we have used is therefore $\rho' = N/V'$. The $\rho'$ were selected to be close to bulk liquid density, 0.0218 Å$^{-3}$ at SVP (see Table 1).

### III. RESULTS

#### A. Superfluid density

In Fig. 5 we show the broad features of the PIMC superfluid fraction, $\rho_S(T)/\rho$, in a nanopore of length $L = 60$ Å. The $\rho_S(T)/\rho$ was calculated using the winding number estimator\textsuperscript{37,38}. The $\rho_S(T)/\rho$ moves to lower temperature and the shape changes as the radius $R$ of the cylinder of liquid in the nanopore is reduced from $R = 11$ to 3 Å. The average liquid density in the cylinder of liquid, $\rho'$, is given in Table I. The corresponding nanopore diameter, $d$, is $d = 2R + 10$ Å.

![FIG. 5: (Color online) Superfluid fraction, $\rho_S(T)/\rho$, of liquid $^4$He versus temperature for liquid pore radii $R = 3 - 11$ Å and pore length $L = 60$ Å. $N$ is the number of particles in the pore. The $\rho_S(T)/\rho$ moves to lower temperature as $R$ decreases. At $R = 3$ Å, the apparent $\rho_S/\rho$ is only a finite size effect. The corresponding nanopore diameter is $d \approx 2R + 10$ Å.](image)

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<th>$R'$ (Å)</th>
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<td>0.0158 10</td>
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TABLE I: Data of eight samples of liquid $^4$He in a nanopore of length $L = 60$ Å: Number of particles, $N$, liquid radius $R$, density $\rho$, effective liquid radius, $R'$ (estimated from the radial density profile) and effective density, $\rho'$. The bulk liquid density at SVP is 0.0219 Å$^{-3}$.

The $\rho_S(T)/\rho$ goes to one at low temperature as in the bulk liquid because the nanopore is straight and has smooth walls. There is no tortuosity. At $R = 11$ Å ($d = 32$ Å) the shape of $\rho_S(T)/\rho$ is similar\textsuperscript{33} to that bulk liquid $^4$He. The $\rho_S(T)/\rho$ goes to zero at a temperature ($T_c$) somewhat below the bulk liquid critical temperature, $T_c = 2.17$ K at SVP. Finite size (finite $L$) effects create a tail to $\rho_S/\rho$ extending it to higher temperatures above $T_c$. As the liquid pore radius $R$ is reduced, $T_c$ moves to lower temperatures. The shape of $\rho_S(T)/\rho$ is especially different at $R = 3$ Å. The change in shape reflects the change in effective dimensions of the liquid in the nanopore, going from 3D to 2D to 1D, as $R$ is reduced. The liquid has predominantly 2D character in the range $6 < R < 11$ Å and 1D at $R = 3$ Å, as we show below on the basis of scaling properties. There is no superflow at 1D.

Fig. 6 shows the PIMC $\rho_S(T)/\rho$ versus temperature in a nanopore of liquid pore radius $R = 7.3$ Å at three liquid densities and several pore lengths $L$. The aim is to reveal the density dependence and display finite size effects. The middle frame shows $\rho_S/\rho$ at density $\rho' = 0.0214$ Å$^{-3}$ which is close to the bulk liquid density at SVP. Finite size effects are significant. As shown below, the $T_c$ can be identified as the temperature $T$ at which the $\rho_S(T)/\rho$ for different $L$ cross. This indicates a $T_c \simeq 1.2$ K at $\rho' = 0.0214$ Å$^{-3}$. $T_c$ is suppressed substantially below $T_c = 2.17$ K by confinement, demonstrating that a $T_c$ substantially below $T_c$ can be obtained from a static, PIMC $\rho_S/\rho$. At higher density $\rho = 0.0241$ Å$^{-3}$, $T_c$ is suppressed to still lower temperature, $T_c \simeq 0.9$ K. This shows qualitatively that $T_c$ decreases as density is increased as is observed\textsuperscript{37,39}. In bulk $^4$He the pressure at density 0.0241 Å$^{-3}$ is 13 bar. At the solidification line, $p = 25.3$ bar, the bulk liquid density is $\rho = 0.0262$ Å$^{-3}$.

To identify the effective dimensions of the confined liquid, we use the scaling properties of $\rho_S(T, L)/\rho$. For 2D and 3D, the central assumption is that intensive quan-
FIG. 6: (Color online) Superfluid fraction, $\rho_S(T)/\rho$, versus temperature for a fixed liquid pore radius $R = 7.3$ Å and varying pore length $L$ and density. The legend shows the pore length, $L$, and number of particles, $N$. Densities from top to bottom are $\rho' = 0.0160, 0.0214, 0.0241$ Å$^{-3}$. The superfluid fraction moves to lower temperature as the pore length, $L$, and density increases.

FIG. 7: (Color online) Superfluid fraction, $\rho_S(T)/\rho$, for liquid pore radii $R = 6 - 11$ Å. In the legend is the pore length $L$ and number of particles $N$. At $R = 7.3$ and 9 Å, $\rho_S(T)/\rho$ scales like a 2D liquid. In 2D $\rho_S(T)/\rho$ for different $L$ cross at $T = T_c$ indicating $T_c = 1.21$ and 1.42 at $R = 7.3$ and 9 Å. A $T_c < 0.5$ K is indicated at $R = 6$ Å. At $R = 11$ Å, $\rho_S(T)/\rho$ scales equally well as a 2D or 3D liquid.

Identified as the temperature at which $\rho_S(T,L)/\rho$ is the same for all $L$.

Fig. 7 shows $\rho_S(T)/\rho$ for four liquid pore radii $R = 6 - 11$ Å and several lengths $L$ of the nanopore. In 2D from Eq. (4), the critical temperature $T_c$ for superflow at each $R$ is the temperature at which the curves $\rho_S(T,L)/\rho$ cross. At $R = 7.3$ Å, for example, this gives $T_c = 1.23$ K. The values of $T_c$ obtained in this way are listed in Table II. In Fig. 8 the $\rho_S(T,L)/\rho$ for $R = 7.3$ Å and $R = 9$ Å are plotted versus the scaling variable $y = L^{1/\nu}$. We see that $\rho_S(T,L)/\rho$ indeed scales with $L^{1/\nu}$ as predicted by Eq. 4. Both Figs. 7 and 8 show that $\rho_S(T,L)/\rho$ identified as the temperature at which $\rho_S(T,L)/\rho$ is the same for all $L$. A simple choice of $f(y)$ is $f(y) = my + b$.

The scaling relation depends on dimensions through the Josephson hypersonic scaling function $v = (D - 2)\nu$ where $D$ is the dimension. In 2D $v = 0$ and

$$\rho_S(T,L)/\rho = mL^{1/\nu} + b \quad (4)$$

An important corollary of this relation is that at $T = T_c$ ($t = 0$), $\rho_S(T,L)/\rho = b$ is independent of $L$. $T_c$ can be

$$\rho_S(T,L)/\rho = L^{-2} f(L^{1/\nu} t) \quad (3)$$

A simple choice of $f(y)$ is $f(y) = my + b$. Since the temperature dependence of $\xi$ is $t^{-\nu}$, where $t = (T - T_c)/T_c$ and $\nu$ is the correlation length exponent near $T_c$, this means that $\rho_S(T,L)/\rho \sim (L/\xi) \sim (L^{1/\nu} t)^{\nu}$. Thus $\rho_S/\rho$ depends on the “scaling” variable $y = (L^{1/\nu} t)$ rather than separately on $L$ and $T$. $\rho_S/\rho = f(L^{1/\nu} t)$. Also near $T_c$, $\rho_S(T)/\rho \sim t^\nu$ (at constant $L$) where $\nu$ is the superfluid density exponent. Converting this to a function of $L$ through the scaling variable, we have

$$\rho_S(T,L)/\rho = L^{-2} f(L^{1/\nu} t) \quad (3)$$

A simple choice of $f(y)$ is $f(y) = my + b$.

The scaling relation depends on dimensions through the Josephson hypersonic scaling function $v = (D - 2)\nu$ where $D$ is the dimension. In 2D $v = 0$ and

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An important corollary of this relation is that at $T = T_c$ ($t = 0$), $\rho_S(T,L)/\rho = b$ is independent of $L$. $T_c$ can be
the character expected for a 2D fluid: the $\rho_s(T)/\rho$ cross for different $L$ cross at a single temperature in Fig. 7 and $\rho_s/\rho$ scales with $y = L^{1/\nu}t$ in Fig. 8. For $R = 4 - 11$ Å, the liquid $^4$He in the nanopore responds like a 2D fluid. We attribute this to the He being deposited in cylindrical layers in the nanopore with clear minima in the density between the layers.

For 3D the scaling Eq. (3) is $L\rho_s(T,L)/\rho = m L^{1/\nu} t + b$. Fig. 9 (Top) shows $\rho_s(T)/\rho$ at $R = 11$ Å scaled according to both the 2D and 3D scaling relations. The $\rho_s(T)/\rho$ scales with $y = (L^{1/\nu}t)$ equally well as a 2D or 3D fluid. In Fig. 9 (Bottom) $L\rho_s(T,L)/\rho$ versus $T$ for different $L$ cross at a common temperature ($T_c$) as expected for a 3D fluid. Comparing the bottom of Figs 7 and 9, we see the $\rho_s(T)/\rho$ at $R = 11$ Å crosses at a common temperature equally well when scaled as a 2D or 3D fluid. The amplitude of the oscillations in the liquid density shown in Fig. 4 are smaller at $R = 11$ Å and the liquid is approaching a uniform density as in a bulk 3D liquid. This suggests a cross-over from 2D to 3D at or near $R = 11$ Å ($d = 32$ Å).

Fig. 10 shows $\rho_s(T)/\rho$ for liquid pore radii $R = 3$ Å and 4 Å. Shown is $\rho_s(T,L)/\rho$ as a function of temperature for nanopore lengths $L = 15 - 60$ Å. The temperature dependence of $\rho_s/\rho$ at $R = 3$ and 4 Å are quite different from each other. At $R = 3$ Å, the $\rho_s/\rho$ gets systematically smaller at low temperature as $L$ increases as if it goes to zero at $L = \infty$. There is no apparent transition to a superfluid state (no crossing of $\rho_s(T,L)/\rho$ for different $L$ at temperature $T_c$). In contrast at $R = 4$ Å, goes to unity at low $T$ independent of $L$. Below we show, based on the scaling character of $\rho_s(T,L)/\rho$, that the liquid at $R = 3$ Å responds like a 1D liquid while that at $R = 4$ Å does not.

Low energy, long wavelength density response in a 1D Bose liquid can be described by the Luttinger Liquid (LL) Hamiltonian. LL theory predicts an apparent superfluid density calculated from the winding number

\[
\begin{array}{|c|c|c|c|}
\hline
R (Å) & d (Å) & T_c (\rho_s(T)/\rho) & T_c (OBDM) (K) \\
\hline
6 & 22 & \leq 0.5 & \sim 0.75 \\
7.3 & 24.6 & 1.21(1) & \sim 1.3 \\
9 & 28 & 1.43(1) & 1.4 \sim 1.5 \\
11 & 32 & 1.74(1) & \sim 1.75 \\
\hline
\end{array}
\]

TABLE II: Onset temperature for superflow, $T_c$, in liquid $^4$He at SVP density in smooth walled nanopores of liquid pore radius $R$ (nanopore diameter $d = 2R + 10$ Å) calculated from the PIMC superfluid density, $\rho_s(T)/\rho$, and the OBDM.
of $^{4}$He without penetrating the hard core of the confining liquid pore radius $R = 3 \, \text{Å}$ and $4 \, \text{Å}$. In legend is the nanopore length $L$ and the number of $^{4}$He atoms $N$. At $R = 3 \, \text{Å}$, $\rho_{S}(T)/\rho$ scales as a 1D liquid, at $R = 4 \, \text{Å}$ as a 2D liquid.

\[
\rho_{s}(T, L)/\rho = 1 - \frac{1}{u} \left( \frac{\Theta''(0, e^{-2\pi u})}{\Theta(0, e^{-2\pi u})} \right),
\]

where $u = L/(\hbar \beta v_{f})$, $\beta = k_{B}T$ is the inverse temperature, $L$ is the nanopore length and $v_{f} = v/K$ is a constant that depends on the velocity $v$ of the density modes and the Luttinger parameter $K$. $\Theta_{2}(z, q)$ is the Jacob Theta function and $\Theta_{2}' = d^{2}\Theta_{2}/dz^{2}$. For the present purposes, if the $^{4}$He responds like a 1D LL harmonic fluid, $\rho_{S}(T, L)/\rho$ will depend only on the single “scaling” variable $u = L/(\hbar \beta v_{f})$ and not independently on $\beta = k_{B}T$ and $L$. Essentially, we identify the confined fluid as 1D like if $\rho_{S}/\rho$ “scales” as $u$ and satisfies Eq. 5.

From Fig. 11, we see that at $R = 3 \, \text{Å}$ the PIMC $\rho_{S}/\rho$ depends solely on $L/(\hbar \beta v_{f})$. Values of $\rho_{S}(T, L)/\rho$ obtained from a spectrum of values of $T$ and $L$ collapse onto a single line. The line is well fitted by Eq. 5 with $v_{f}$ as an adjustable parameter. The $\rho_{S}/\rho$ has the character of a 1D fluid. Specifically, there is no static, zero frequency superfluidity. The apparent finite $\rho_{S}/\rho$ at $R = 3 \, \text{Å}$ is a finite size effect and $\rho_{S}/\rho \rightarrow 0$ as $L \rightarrow \infty$. This is a physically reasonable result since at $R = 3 \, \text{Å}$, the liquid density peaks at the center of the pore. The $^{4}$He lies in a 1D line along the pore. This can be seen in Fig. 4 and from the bottom of Fig. 11. It is 1D because the hard core diameter $\sigma = 2.56 \, \text{Å}$ of the $^{4}$He is too large to allow two $^{4}$He atoms to lie across a confining radius $R = 3 \, \text{Å}$ without penetrating the hard core of the confining potential.

In contrast, as seen from Fig. 12, $\rho_{S}(T, L)/\rho$ at $R = 4 \, \text{Å}$ does not scale as predicted by 1D LL theory. Similarly, as seen from the bottom of Fig. 12, the $^{4}$He density is not at the center of the pore in a 1D line. Rather, the density lies in a cylindrical layer (2D) with a surface on each side of the layer, inside and outside the cylinder of liquid. Also, the shape of $\rho_{S}(T)/\rho$ in Fig. 10 at $R = 4 \, \text{Å}$, indicates a very low, but finite $T_{c}$ ($T_{c} \leq 0.4 \, \text{K}$) as expected for a 2D fluid. Thus, there is a cross-over, from 1D behavior at $R = 3 \, \text{Å}$ to 2D behavior at $R = 4 \, \text{Å}$. In the range $4 \leq R \leq 11 \, \text{Å}$ the confined liquid shows 2D character.

At $R = 6 \, \text{Å}$, there is a mixture of 1D & 2D response since at $R = 6 \, \text{Å}$ part of the density lies at the center of the pore as in a 1D liquid, as seen in Fig. 4. The 1D portion does not contribute to $\rho_{S}/\rho$. This explains the large drop in $\rho_{S}/\rho$ between $R = 7.3 \, \text{Å}$ and $R = 6 \, \text{Å}$ seen in Fig. 5 and the large apparent finite size effects seen at $R = 6 \, \text{Å}$ in Fig. 7. Fig. 13 (Top) compares the $\rho_{S}(T)/\rho$ calculated using the winding number and area estimator methods for a liquid pore radius $R = 7.3 \, \text{Å}$ and nanopore length $L = 60 \, \text{Å}$. The two agree well at low temperature both predicting a $\rho_{S}(T)/\rho$ that goes to zero. However they differ significantly at higher temperature. An important difference between the two is that area estimator $\rho_{S}(T)/\rho$ has a finite size effect that is independent of the length $L$ of
the nanopore. As seen in Fig. 13 (Bottom) the area estimator \( \rho_s/\rho \) is independent of \( L \). In contrast the winding number \( \rho_s(T)/\rho \) is very sensitive to \( L \), as seen in Fig. 7. The two would agree much better had we chosen to compare the two for \( L = 15 \) Å rather than \( L = 60 \) Å. Within these differences, the two methods are consistent. The area estimator is further discussed in Refs.\(^{15,16,31}\).

![Diagram](image)

**FIG. 12:** (Color online) As Fig. 11 for \( R = 4 \) Å. At \( R = 4 \) Å, \( \rho_s/\rho \) does not fulfill LL scaling. The density profile (Bottom) shows that the liquid lies in a cylindrical layer (2D) along the pore.


diameter \( z \), (2) to determine an apparent onset temperature \( T \) for BEC, \( T_{BEC} \), in confined liquid \(^4\)He, one that could be observed in the same way that \( T_{BEC} \) is observed in bulk systems and (3) to obtain the onset temperature, \( T_c \), for superfluidity from the OBDM following the method proposed by Kosterlitz and Thouless\(^{44}\).

The ODBM is defined as \( n(r) = \langle \psi(k) \psi(0) \rangle \), the probability amplitude for annihilating a \(^4\)He atom at \( r = 0 \) and creating one a distance \( r \) away. The \( n(r) \) is the Fourier transform of the atomic momentum distribution, \( n(k) \).

**TABLE III:** Onset temperature of BEC, \( T_{BEC} \), of liquid \(^4\)He in smooth walled nanopores of liquid radius \( R \) (nanopore diameter \( d = 2R + 10 \) Å). The liquid is at SVP density and \( T_{BEC} \) is defined as the temperature at which the tail of the ODBM crosses-over from exponential to algebraic decay.

<table>
<thead>
<tr>
<th>( R ) (Å)</th>
<th>( d ) (Å)</th>
<th>( T_{BEC} ) (K)</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>22</td>
<td>1.6</td>
</tr>
<tr>
<td>7.3</td>
<td>24.6</td>
<td>1.7</td>
</tr>
<tr>
<td>9</td>
<td>28</td>
<td>1.75</td>
</tr>
<tr>
<td>11</td>
<td>32</td>
<td>1.9</td>
</tr>
</tbody>
</table>

To obtain a \( n(z) \) that is a function of the distance \( z \) along the pore only, we evaluated the \( n(z) \) as a function of the distance \( r \) from the pore center and averaged the \( n(z,r) \) over the radial coordinate.

At small \( r \) (\( r \leq 2.5 \) Å), \( n(r) \) is approximately a Gaussian. This follows because the atomic momentum distribution is approximately a Gaussian in 1D, 2D and 3D (with some observable deviations). At larger \( r \), \( r \geq 2.5 \)
˚A), a condensate fraction

\[ n(z) = \text{BEC,} \]

n(z) vs \( z \) along the pore at the temperatures indicated for liquid pore radii \( R = 6 \) Å to

11 Å. (top to bottom). At \( R = 11 \) Å (pore diameter \( d \approx 32 \) Å), a condensate fraction \( n_0 \approx 10 \% \) at low temperature is indicated.

\[ \text{Fig. 14: (Color online) OBDM, } n(z), \text{ vs } z \text{ along the pore at the temperatures indicated for liquid pore radii } R = 6 \text{ Å to 11 Å. (top to bottom). At } R = 11 \text{ Å (pore diameter } d \approx 32 \text{ Å), a condensate fraction } n_0 \approx 10 \% \text{ at low temperature is indicated.} \]

\[ \text{At } T = 0 \text{ K, the algebraic decay becomes a constant as in 3D and a condensate fraction can be clearly defined.} \]

\[ \text{Fig. 14 shows the OBDM of liquid } ^4\text{He in nanopores at four liquid pore radii, } 6 \leq R \leq 11 \text{ Å. At these pore radii, the OBDM of the confined liquid has the character of a 2D liquid. At small } z, z \lesssim 3 \text{ Å, } n(z) \text{ is approximately Gaussian in } z. \text{ At high temperature, e.g. at } T = 2.25 \text{ K for } R = 11 \text{ Å, } n(z) \text{ for } z \gtrsim 3 \text{ Å decays exponentially over 2-3 orders of magnitude within statistical fluctuations. As } T \text{ is decreased, we see a cross-over from exponential to algebraic decay characteristic of 2D. The algebraic decay may be represented approximately by } n(z) \approx z^{-\eta(T)} \text{ where } \eta(T) \text{ is a temperature dependent constant.} \]

\[ \text{As an operational definition, we define } T_{\text{BEC}} \text{ in 2D as the temperature at which the cross-over from exponential to algebraic decay of } n(z) \text{ takes place. This definition is pragmatic in the sense that this cross-over can be observed in 2D using the same techniques used to measure } n_0 \text{ in 3D liquid } ^4\text{He. The definition also coincides with the definition of } T_{\text{BEC}} \text{ in 3D. This definition and Fig. 14 lead to the values of } T_{\text{BEC}} \text{ for confined } ^4\text{He shown in Table III.} \]

\[ \text{As temperature is lowered still further, the magnitude of the algebraic tail in } n(z) \text{ increases and the tail extends to larger } z. \text{ In the representation of this tail by } n(z) \approx z^{-\eta(T)} \text{ the parameter } \eta(T) \text{ decreases with decreasing } T. \text{ Kosterlitz–Thouless theory predicts that in a 2D film } \eta(T) \text{ has the value } \eta(T) = 0.25 \text{ at } T_c. \text{ That is, the superfluid onset temperature } T_c \text{ in a 2D film can be obtained from the slope of the tail of the OBDM as the temperature at which } \eta(T) \text{ reaches 0.25. The function } n(z) = z^{-\eta(T)} \text{ for } \eta(T) = 0.25 \text{ is shown as a black solid line in Fig. 14. If we adopt this criterion for confined } ^4\text{He using the OBDM shown in Fig. 14, we obtain the values of } T_c \text{ (OBDM) listed in Table II. These are less accurate but agree well with the } T_c \text{ obtained directly from } \rho_S(T)/\mu. \text{ This agreement further supports the interpretation that the confined } ^4\text{He in nanopores for liquid radii in the range } 6 \leq R \leq 11 \text{ Å responds like a 2D fluid. It also shows that the } T_{\text{BEC}} \text{ defined above lies above } T_c, \text{ as observed in somewhat larger pore media.} \]

\[ \text{Fig. 15 (TOP) shows the OBDM of liquid } ^4\text{He confined to radius } R = 3 \text{ Å. At short } z \text{ along the pore } n(z) \text{ decreases approximately as a Gaussian. At larger } z \text{ (} z \gtrsim 3 \text{ Å), } n(z) \text{ decreases algebraically with } z. \text{ There is little temperature dependence and no indication of a cross-over} \]
at a constant \(n(z)\) as in a 3D fluid. Superimposed on the algebraic decay of \(n(z)\) are oscillations. An algebraically decaying \(n(z)\) with oscillations at large \(z\) was predicted by Haldane\(^{41}\) for a 1D fluid in the LL regime. The oscillations arise from the discrete nature of hard core Bosons in 1D. The OBDM predicted by Haldane, valid at \(z\) large compared to the interatom spacing \(ρ_0^{-1} = (L/N)\) and keeping only the lowest order \((m = 0, 1)\) terms, is,

\[
n(z) = ρ_0 (ρ_0 z)^{-η} \left[ B_0 + B_1 \frac{1}{(ρ_0 z)^η} \cos(2πρ_0 z) \right].
\]

The solid black line in Fig. 15 is a fit of Eq. (6) to the PIMC data at low temperature with \(ρ_0\), \(B_0\), \(B_1\) and \(η\) as adjustable parameters. The oscillations in the PIMC OBDM are well reproduced by this expression. This fit is discussed further in the Discussion section. The \(n(z)\) at \(R = 3\) Å is clearly characteristic of a 1D fluid.

Finally, Fig. 15 (Bottom) shows the tail of the OBDM as function of nanopore length \(L\) at liquid pore radius \(R = 7.3\) Å, where the liquid shows 2D character. Within present statistical precision, we found that the height and slope of the algebraic tail of \(n(z)\) is independent of pore length for \(L \geq 15\) Å.

At \(R = 11\) Å, where the liquid shows some 3D character, the height of the tail \((n_0)\) of the OBDM in Fig. 14 indicates a condensate fraction \(n_0 \approx 10\%\). This is comparable but larger than the bulk liquid value at SVP, as observed\(^{46}\) (7.25 ± 0.75 %) and calculated\(^{42}\) with PIMC (8.1 ± 0.2 % at 1 K). The density of the liquid in the pore at \(R = 11\) Å\(^{-1}\) \((ρ = 0.191\) Å\(^{-3}\) from Table I) is less than the bulk value (0.0218 Å\(^{-3}\)) which is consistent with this difference. At \(R = 7.3\) Å, an \(n_0 \approx 6-7\%\) is indicated if there is BEC.

### IV. DISCUSSION

#### A. Effective dimensions of confined systems

The effective dimensions of a finite sized system for thermal properties is generally determined by the ratio of the particle wavelength to the system size\(^{17,18}\). For \(^4\)He in a nanopore this is the ratio of the \(^4\)He atom thermal de Broglie wavelength \(λ_T = [\hbar^2/2π mk_B T]^{1/2}\) to the liquid pore diameter, \(d_L = 2R\). If \(λ_T > d_L\), the wavelength perpendicular to the pore is limited by \(d_L\) rather than set by \(λ_T\). Perpendicular to the pore, the \(^4\)He responds like a “particle in a box” and has discrete energy states. At low enough temperature the \(^4\)He will remain in the ground state for the coordinates perpendicular to the pore and long wavelength excitations can be excited along the pore (1D) only. For thermal properties, the \(^4\)He in the nanopore is one dimensional. Wada and collaborators\(^{4,47}\) observe that the specific heat of liquid \(^4\)He in 28 Å diameter FSM-16 crosses over from higher dimensions to 1D at low temperature confirming these arguments. A wide range of 1D systems have been discussed\(^{17,18,48}\).

Superflow and BEC are, however, ground state as well as thermal properties. They can occur in the ground state. Different or additional criteria may determine the effective dimensions for these properties. The goal of the present paper is to determine the effective dimensions of liquid \(^4\)He in nanopores for superflow and BEC from the scaling properties (1D, 2D or 3D) of the \(ρ_S/ρ\) and the long range behavior of the OBDM.

#### B. Model of liquid in a nanopore

A nanopore full of \(^4\)He at SVP consists of (1) approximately 1.5 - 2 layers of inert (amorphous solid) helium adsorbed on the pore walls and (2) liquid \(^4\)He in the interior of the pore. In FSM-16, the inert layers are estimated\(^{16,12}\) to be 5 Å thick. The liquid is confined approximately to a cylinder of radius \(R\) in the center of the pore with \(d = 2R + 10\) Å.

We have simulated only the cylinder of liquid in the interior. The inert layers and the nanopore itself were treated as a common confining material that confines the liquid to radius \(R\). Physically the potential has a
well defined hard core whether it arises from helium or nanopore material. The confining potential is given by Eq. (2). The radius $R$ of the liquid is set by the lower bound of the integration and the steepness of the repulsive core by $\sigma$. The magnitude of the attraction, set by $\epsilon$, is not well known since it arises from a mix of helium and pore material. However, $\rho_S/\rho$ is not sensitive to $\epsilon$. Fig. 17. shows that $\rho_S/\rho$ changes little when $\epsilon$ is changed by a factor of two. What is important is the hard wall radius, $R$, of the confining potential relative to the hard core diameter of the $^4\text{He}$ atom. This is a result familiar in bulk helium where a quite accurate condensate fraction of 8 % (compared to the observed 7.25 ± 0.75 %) can be obtained when helium is represented by a hard sphere without any attractive potential. Once $R$ is selected, the liquid density $N/V$ ($V = \pi R^2L$) is set at close to bulk density by choosing $N$ (see Table I). Thereafter the $\epsilon$ was set to a reasonable value to ensure a liquid state in the interior but is otherwise not critical. Any contribution to $\rho_S/\rho$ passing through the inert layers is neglected in the present model. Given the absence of superflow in solid $^4\text{He}$ and the absence of a critical filling (the inert layers) before superflow is observed in porous media, this appears to be a good approximation. The simulations in Refs 15,16,31 showed a very small but not zero $\rho_S/\rho$ in the inert layers.

C. Superfluidity and Dimensions

For very small nanopores that have liquid pore radii $R = 3$ Å (nanopore diameters $d = 2R + 10$ Å = 16 Å), we found that $\rho_S(T)/\rho$ scaled with $T$ and pore length $L$ as predicted by Luttinger Liquid theory for a 1D system. Specifically there is no static, zero frequency superflow. The apparent $\rho_S(T)/\rho$ is solely a finite size effect and it goes to zero at $L = \infty$. At liquid pore radius $R = 3$ Å, it is not possible to fit two $^4\text{He}$ atoms (hard core diameter $\sigma \approx 2.5$ Å) across the liquid. The $^4\text{He}$ lies at the center of the pore in a 1D line along the pore as shown in Fig. 11. The liquid is 1D.

For somewhat larger nanopores, $R = 4$ Å, it is possible for two $^4\text{He}$ atoms to lie across the liquid pore diameter $R$, as shown in Fig. 12. The cylindrical layer of $^4\text{He}$ has two “surfaces” (a minimum in density at the center of the pore and a minimum near the pore wall) as in a 2D layer. At $R = 4$ Å, the $\rho_S(T)/\rho$ no longer scales as a 1D LL. At larger $R$, in the range $6 \leq R \leq 11$ Å, the $\rho_S(T)/\rho$ scales as if it were a 2D system. For $4 \leq R \leq 11$ Å, the liquid $^4\text{He}$ fills the nanopore effectively in 2D cylindrical layers as seen in Figs. 4 and 12. At these pore diameters, PIMC predicts a static, zero frequency $\rho_S/\rho$. The $T_c$ is suppressed to a low value as shown in Table II. The low value arises from confinement alone with effects of disorder so far neglected. In this pore diameter range, the $\rho_S/\rho$ goes to one at low temperature, as expected for straight, smooth walled nanopores with no disorder. Also, as seen in Fig. 7, there is significant finite size broadening of $\rho_S(T)/\rho$ at higher temperature. This is also characteristic of 2D. For example in a flat, infinitely large 2D film, the $\rho_S(T)/\rho$ drops stepwise from a finite value to zero at $T_c$. PIMC calculations show substantial finite size broadening of this transition in finite bulk films and $T_c$ must, as here, be determined using scaling arguments. The $\rho_S(T)/\rho$ in 2D is further broadened in curved, finite sized media as found here.

At $R = 11$ Å ($d = 32$ Å), the $\rho_S(T)/\rho$ scales with $T$ and pore length $L$ equally well as a 2D or 3D fluid. At $R = 11$ Å the amplitude of the oscillations in the liquid density shown in Fig. 4 are significantly smaller. The liquid is approaching a uniform density as in a bulk 3D liquid. Also, the shape of $\rho_S(T)/\rho$ in the bottom frame of Fig. 7 is similar to that for 3D bulk liquid. The magnitude of finite size effects are much smaller in 3D. This suggests a cross over from 2D to 3D like liquid at or somewhat above $d = 32$ Å.

Extensive PIMC calculations of $\rho_S/\rho$ of $^4\text{He}$ in nanopores have already been reported. These extensive calculations include simulation of the inert layers as well as the liquid interior which is simulated here. The inert layers are found to be 5 - 6 Å thick (two layers) in agreement with experiment. Their contribution to the total $\rho_S/\rho$ is very small but not zero. Nanopore diameters $20 \leq d \leq 30$ Å (liquid pore radii 5 ≤ $R \leq 10$ Å) were investigated. The focus was on the inner core. The $\rho_S(T)/\rho$ arising from the inner core of the density at all $R$ investigated was found to scale following predictions of LL theory, as found here for $R = 3$ Å.

D. OBDM and Dimensions

The top frame of Fig. 15 shows the OBDM for liquid $^4\text{He}$ confined to a liquid pore radius of $R = 3$ Å. At $z \gtrsim 3$ Å, the $n(z)$ shows oscillations superimposed on an algebraic tail as predicted by Eq. (5)) for a 1D LL. The
tail has little temperature dependence. The oscillations in $n(z)$ arise from the discrete nature\cite{41} of the 1D hard core Bosons. The period of the oscillations is set by the interatom spacing ($a = \rho_0^{-1} = L/N$) between the atoms in the 1D line, approximately 3.5 Å. The black solid line in Fig. 15 is a fit of Eq. (5) valid for $z \gg a$. The fit is clearly good which supports the interpretation of the OBDM as arising from a 1D fluid. Oscillations in the OBDM are not seen in 2D or 3D.

In contrast, the OBDMs for 4 leg $R_\text{leg}$ 11 Å shown in Fig. 14 are characteristic of a 2D fluid. In $n(z)$ at large $z$ there is a cross-over from exponential decay at high temperature to algebraic decay at lower temperature. This cross-over indicates the onset of algebraic off diagonal long range order (AODLRO) as expected for a $S$ line. This cross-over from exponential to algebraic off diagonal long range order (AODLRO) as expected for a 2D system. The OBDM at $R \leq R_\text{leg}$ for $\mathbf{OBDM}$ at $z >> a$ in Fig. 14 approaches a constant at large $z$ as expected at $T = 0$ K in 2D and at all $T$ below $T_{\text{BEC}}$ in 3D.

The $T_{\text{BEC}}$ in 3D fluids can be measured by observing\cite{19,55} the temperature at which a long tail in $n(z)$ develops. The cross-over from exponential to AODLRO can also be observed in 2D fluids.\cite{45} We defined the $T_{\text{BEC}}$ of liquid $^4$He confined in nanopores as the temperature at which the tail of $n(z)$ crosses-over from exponential to algebraic decay.

Finally, at $R = 11$ Å, the $\rho_S(T)/\rho$ scaled equally well as a 2D or 3D system. The OBDM at $R = 11$ Å similarly shows a mixed 2D/3D character. At low $T$ the tail in $n(z)$ looks quite flat indicating BEC (3D). However, at higher temperature (1.5 - 1.6 K), the decay is clearly algebraic (2D) whereas for a 3D system, for $T \leq T_{\text{BEC}}$, $n(z)$ should be flat. Thus both the OBDM and $\rho_S(T)/\rho$ indicate a gradual cross-over to 3D beginning at $R = 11$ Å ($d = 32$ Å).

![FIG. 17: (Color online) Superfluid fraction $\rho_S(T)/\rho$ vs temperature for $R = 7.3$ Å and increasing disorder potential strength $\epsilon$.](image)

E. Disorder

F. Comparison with Experiment

Ikegami et al.\cite{56} and Wada et al.\cite{6} report extensive measurements of $\rho_S(T)/\rho$ in FSM-16 nanopores of diameter, $d = 15$, 18, 22, 24, 28 and 47 Å. Similarly, Taniguchi et al.\cite{10,11} report $\rho_S(T)/\rho$ in FSM-16 at $d = 28$ Å including its pressure dependence as shown in Fig 1. Both Wada et al.\cite{6} and Taniguchi et al.\cite{12} find that the first 1.5 layers of $^4$He on the pore walls (5 Å thick) are inert and do not contribute to superflow. The cylinder of liquid in the interior of FSM-16 corresponding to the diameters $d$ above therefore has radius $R = 2.5, 4, 6, 9$ and 18.5 Å.

At $R = 2.5$ Å ($d = 15$ Å), no superflow ($\rho_S/\rho = 0$) is observed.\cite{6,56} In agreement, the present PIMC predicts no superflow and 1D Luttinger Liquid at $R = 3$ Å. At $R = 4$ Å a superfluid fraction is observed.\cite{6,56} PIMC similarly predicts a finite $\rho_S/\rho$ at $R = 4$ Å. PIMC also predicts a pronounced cross-over from 1D to a 2D layer filling in the nanopores between 3 Ånd 4 Å. This good agreement suggests that only at very small pore diameters, $d \leq 16$ Å does $^4$He behave like a 1D fluid in nanopores (as far as superfluidity is concerned). At $d \geq 18$ Å the liquid behaves more like a 2D (layered) liquid. Similarly, the agreement suggests that the superflow observed at $d \geq 18$ Å is genuine static 2D superflow (observable at zero oscillation frequency) as calculated in PIMC. There could be some frequency dependent effects. PIMC predicts a zero frequency $\rho_S/\rho$.

In small pore nanopores, the superfluid onset temperature, $T_c$, is suppressed to low temperatures. Ikegami et al.\cite{56} and Wada et al.\cite{6} report $T_c \sim 1$ K in FSM-16, Taniguchi et al.\cite{11} of $T_c = 0.9$ K in $d = 28$ Å FSM-16 and Yamamoto et al.\cite{7} of $T_c = 1.4$ K in 25 Å gelsil, all at SVP. The observed $T_c$ decreases still further with increasing pressure.\cite{7,11} (see Fig. 1). From Table II, PIMC predicts a $T_c = 1.2$ K at $d = 25$ Å at SVP, in approximate agreement with observed values. At smaller diameters, the $T_c$ predicted by PIMC drops rapidly to 0.5 to 1.0 K. As seen in Fig. 6, the PIMC $T_c$ decreases with increasing density (pressure). The PIMC results for smooth walled nanopores without disorder are in good agreement with experiment.

The present agreement suggests, firstly, that the low observed values of $T_c$ can be reproduced by static superflow as calculated by PIMC. That is, the transition to static (2D) superflow can take place at low temperature in nanopores. A frequency dependent theory\cite{13} in which there is no actual static superflow (as in 1D) is not needed to explain the low observed values of $T_c$. Secondly, the physical reason for the low $T_c$ values is that the confined liquid responds like a 2D fluid. The $T_c$ in (infinite) films\cite{32} of liquid $^4$He is $T_c = 0.653 \pm 0.010$ K for density $\rho = 0.0432$ Å$^{-2}$. Thus if liquid $^4$He in nanopores responds like layers of 2D liquid, we can expect a major drop in $T_c$ as $d$ is reduced simply from the cross-over of dimensions from 3D to 2D. The cross
over from 3D to 2D behavior of the liquid within conventional 2D superfluidity\cite{14,50,57} provides a straightforward explanation of the low values of $T_c$ in smaller diameter nanopores. BEC in $^3$He at SVP in MCM-41 ($d = 47$ Å) and Vycor ($d \approx 70$ Å) has been observed\cite{19,58}. In MCM-41, the observed condensate fraction at $T = 0$ K is $n_0(0) = 3.3 \pm 0.40 \%$. Given that roughly 45 % in the $^3$He is in the inert layers, this translates to $n_0(0) \approx 6 \%$ in the liquid. The present PIMC $n_0(0)$ $\approx 10 \%$ at $d = 32$ Å is consistent with this given that the PIMC density is somewhat below the SVP liquid density (see table I). The BEC onset temperature is $T_{\text{BEC}} = T_{\lambda} = 2.17$ K, the bulk value within precision. At $d = 32$ Å PIMC predicts $T_{\text{BEC}} = 1.9$ K with $T_{\text{BEC}}$ increasing with increasing pore diameter (see table III). Extrapolation of PIMC values suggests a PIMC $T_{\text{BEC}} \approx T_{\lambda}$ at $d = 47$ Å. Both the observed and PIMC $T_{\text{BEC}}$ lie well above the observed $T_c = 1.58$ K.

V. CONCLUSION

PIMC calculations of the superfluid fraction, $\rho_s(T)/\rho$, and the OBDM, $n(z)$, in liquid $^3$He in nanopores of diameter $16 \leq d \leq 32$ Å have been made. Only the liquid in the pores was simulated with the inert $^3$He layers on the pore walls assumed totally inert. At very small pore diameter, $d \leq 16$ Å, the $\rho_s(T)/\rho$ and $n(z)$ scale like a 1D Luttinger Liquid. At $d = 16$ Å, the liquid is confined to a single line of liquid of atomic dimensions in the center of the pore. There is a cross-over to 2D behavior at $d = 18$ Å. In the range $18 \leq d \leq 32$ Å, PIMC predicts a zero frequency $\rho_s(T)/\rho$ that scales as in a 2D fluid with a low $T_c$ and a $n(z)$ that decays algebraically at large $z$. The superflow is standard, static superfluidity in 2D. The $T_c$ obtained from the OBDM via Kosterlitz-Thouless theory is consistent with the $T_c$ obtained from $\rho_s/T$. In this $d$ range, the liquid is deposited in the nanopore in 2D like layers. Many experiments explore this diameter range\cite{44,50,57}. The $T_c$ observed is low. The present results reproduce this low $T_c$ because PIMC predicts the liquid is 2D and $T_c$ is low in 2D. The PIMC $T_c$ decreases with increasing density as is observed\cite{7,9,12}. At $d = 32$ Å the $\rho_s(T)/\rho$ scales equally well as a 2D or 3D liquid and $T_c$ is higher. It is anticipated that at $d \geq 32$ Å the confined liquid will respond like a 3D liquid with a higher $T_c$. It would be most interesting to incorporate rough pore walls and a disordered potential in the present model.

VI. ACKNOWLEDGEMENTS

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26. F. Albergamo, J. Bossy, P. Averbuch, H. Schober, and...